

NEX Sale

Wednesday, October 29 -
Sunday, November 2

Pet Promotion

Wednesday, October 29 -
Sunday, November 9

Furniture Sale

Wednesday, October 29 -
Sunday, November 9

NEX / Veteran's Day Sale

Wednesday, November 5 -
Tuesday, November 11

Toyland

Wednesday, November 5 -
Sunday, November 16

NEX Sale

Wednesday, November 12 -
Tuesday, November 18

Holiday Gifts

Wednesday, November 19 -
Sunday, November 23

MAIN STORE

& FLEET EXCHANGE

WILL BE OPEN

FRIDAY, NOVEMBER 28

7 A.M. - 8 P.M.

SATURDAY, NOVEMBER 29

8 A.M. - 8 P.M.



The holidays in Sasebo can be just as festive as your own hometown. Decorations, table settings, cookware, appliances, music and specialty foods and gifts are all available at your Navy Exchange.

Live Christmas Trees will be available beginning Friday, November 28.

For special order turkeys, call the Bayside Food Court at 252-2494.

Special order turkeys may be picked up on Thanksgiving and Christmas Day at Bayside Food Court between the hours of 10 a.m. - 2 p.m.

Shop "Late Night" at Main Store NEX and Fleet Exchange. Please watch for the local flyer and door signs for details.



**After-Thanksgiving Fri & Sat
Early Bird Specials**

Friday, November 28 • 7 a.m. - 12 p.m.
Saturday, November 29 • 8 a.m. - 12 p.m.

After-Thanksgiving 3-Day Sale

Friday, November 28 - Sunday, November 30

Holiday Specials

Monday, December 1 - Sunday, December 7

3-Day Sale

Friday, December 5 - Sunday, December 7

Seasons Specials

Monday, December 8 - Sunday, December 14

Super 3-Day

Friday, December 12 - Sunday, December 14

Last Minute Gifts

Monday, December 15 - Sunday, December 21

Super 3-Day

Thursday, December 18 - Saturday, December 20

After Christmas Clearance

Friday, December 26 - Sunday, December 28

Furniture Sale

Wednesday, December 31 - Sunday, January 11



**TRANSITION ASSISTANCE PROGRAM
(TAP) WORKSHOP**

Tuesday, November 18 - Friday, November 21
CEC Fellowship Hall
Tuesday, December 9 - Friday, December 12
CEC Room 115/116

**RETIREMENT TRANSITION ASSISTANCE
PROGRAM (RTAP) WORKSHOP**

Tuesday, December 16 - Friday, December 19
CEC Fellowship Hall

The TAP and Retirement TAP workshops provide information in preparing separatees, retirees, and their family members in making an informed and effective transition from military to civilian life.

If you are a year away from separating or two years from retiring it is time for you to attend the TAP workshop.

SMOOTH MOVE WORKSHOP

Friday, November 7 • 9 a.m. - 12 p.m.
FFSC Clinical Classroom

The Five-Steps to a "Smooth Move" is designed to offer an overview of proven tips and techniques for addressing the most prevalent military relocation issues.

**A LITTLE BIRDIE TOLD ME
LUNCH/DINNER**

Lunch

Friday, November 7 & Friday, December 5
11 a.m. - 1 p.m.

Dinner

Friday, November 21 & Friday, December 19
6 - 8 p.m.

Albuquerque Bridge (Park-Side)

Now is your chance to get out and "taste" Japan. We will visit local restaurants that only local people know about. The best part about this program is you will have an interpreter for the lunch/dinner.

The cost will run about ¥1,000 for lunch and ¥2,000 for dinner. Pre-registration is required so give us a call at 252-3604 or stop by and see the FFSC staff to sign up for a great time.

HOLIDAY SPENDING

Wednesday, November 12 • 12 - 1 p.m.
FFSC (ClassroomS 1 & 2)

Thursday, November 13 • 3 - 4 p.m.
Hario Chapel

Thursday, December 4 • 9 - 10 a.m.
FFSC (Clinical Classroom)

The Holiday Spending workshop will give you all the tools and tips you will need to survive the holidays financially.

FIRST TERM CONSEP WORKSHOP

Tuesday, November 4 - Friday, November 7
8:30 a.m. - 4 p.m.
CEC (Classroom 111)

The CONSEP Workshop is designed for first term Sailors 2 - 6 years of active duty. Lessons include: "Career Coaching," with regards to a "Naval Career," saving for the future, maximizing educational options, Navy goals (Both active and inactive), and information on VA programs.

These are just some examples of the great programs available at the FFSC during the months of November and December. FFSC offers a broad range of classes, individual counseling and informational services to our CFAS community. Please call 252-3604 for more information on our programs and services or stop by the FFSC in building 310 on Main Base, or visit the CFAS website at www.cfass.navy.mil. Remember our services are free of charge and are provided by dedicated professionals!